

THE VALUE OF NOT LOSING YOUR CENTER IN THESE TIMES OF CONFUSION



Sir Edward Burne – Jones Complete Days of Creation Angels

Many times, when a person decides to consult a psychologist, therapist or astrologer, he goes with the hope that during that long-awaited consultation he will find solutions to his problems, guidance in his decision-making and clarity in the search for a new sense of life. It is a necessity to find a guide rooted in the deepest part of the human being in constant search of a guru or teacher who illuminates their way and will fill their hearts with light and hope so that they do not have to carry individually with the responsibility of their actions.

The Greeks of Ancient Greece used to consult the oracle in times of great crisis, and the oracle, as such, never gave them a clear or definitive answer. The python was the translator of the message of the gods and that message was given in a symbolic language, which forced the consultant to seek an answer between two aspects. It forced him/her to come into contact with his unconscious, with that unseen or unrecognized part that has absolute power over the meaning of life to be taken. It is as if the soul has reasons that the conscious mind did not understand or comprehend in its entirety.

As long as we find ourselves on an individual or social threshold, as we currently are due to the COVID 19 Pandemic, the whole humanity enters a mysterious place full of

uncertainty that causes anguish and fear about what is going to happen in the future, takes away our sense of wellbeing and inner peace. But, what exactly do we mean when we're talking about a threshold? The Romanian philosopher and historian of religions Mircea Eliade, said that, as soon as we cross into the space of the threshold, we usually enter a diffuse place where we see ourselves in a different place and space, usually obscure as if we enter a belly looking for some kind of regeneration.

Thresholds are magical spaces that on the one hand represent a separation and on the other a union with something mysterious and sacred.

But how can we keep our inner peace in a moment of so much uncertainty as we are currently living? How can we give ourselves the opportunity to enter that sacred space without despair?

Astrology definitively is a wonderful tool of growth and self-knowledge, which studies cycles, personal and planetary cycles. Every astrologer knows that no matter how difficult a situation, everything happens after going through a time of transformation, symbolic death and rebirth. Today humanity is in a moment of profound change, in which everyone has to reassess their relationship with oneself, family, work and nature.

Life has forced us to take refuge in placing boundaries between ourselves and the world around us, but how to understand the limits that have been imposed on us when we used to live in a world without borders. The isolation imposed on us by COVID has pushed us to live full of fear, take refuge in our homes, fear contact with our neighbors, erect physical barriers and find a way to break our emotional barriers. We long for physical contact, caresses, but also thanks to this isolation we realize the loneliness that we have lived for a long, long time thanks to the lack of limits and without borders of the modern world.

Nature has forced us to focus within ourselves, to seek refuge deep in our hearts and souls, to contact our own sacred space to not despair at such uncertainty.

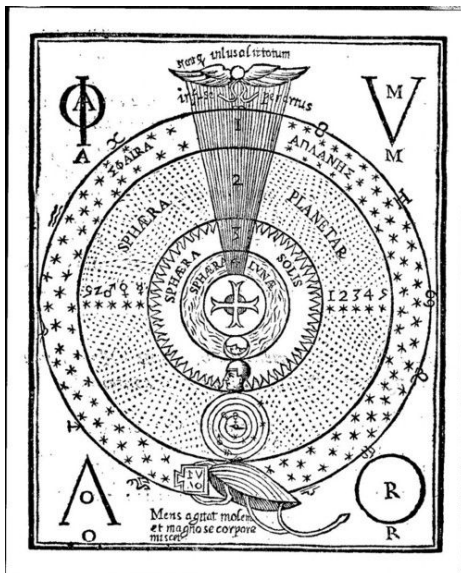
But how can we protect our sacred space without the outer chaos invading our own sacrality?

Circumstances have forced us to live in an enclosed space, to re-evaluate all our close and distant relationships, but above all learn to contact our deepest feelings. Not to be afraid to relate to our own demons. These demons represented by chaos, which we want to keep in a place outside our environment, of our personal refuge where we are not only afraid of these external demons but also the internal, what Jung called our shadow, that shadow that we all fear to confront in moments of darkness.

Years ago, astrologers spoke that this 2020 was going to be a year with a series of events that were going to generate unusual situations that were going to generate drastic changes in the economy, health and balance of nature. There is no astrologer who can predict exactly what will happen or who has predicted in its entirety what is happening, but what an astrologer can foresee are the planetary energies and consequently energies that move inside each person, since what happens in the macrocosm is reflected in the microcosm, as our friend Jung rightly said.

This 2020 is exceptionally unique as 7 eclipses are taking place during this year taking into account the one of December 25th, 2019 when as a rule they occur from 4 to 5 a year and by 2026, 6 new planetary cycles will begin, of which 2 already happened in this year between January and April and the third one is going to happen on the 21st of December.

We have 3 ways to measure our time and it is at a linear level from left to right that manifests itself in the way most people with a Western cultural upbringing writes or from right-to-left that occurs in cultures with an Oriental influence. Those of us who write from left to right tend to rely more on the left hemisphere, the rational side of our brain and tend to think more about the future and those who write from right to left tend to be cultures in which they give more importance to the right hemisphere that of intuition and the past. Astrology, instead, measures time circularly: the present, past and future are interconnected, and all three have the same importance. Past experiences are a reflection of future ones and present experiences are related to our past and present ones will be reflected in the future.



In Western astrology we connect with the cosmos through the circle of the whole representing our will. We observe the cosmos geocentrically located in the center of the whole circle, without beginning and without end. Our time is sacred as opposed to the profane one who is represented linearly.

In a culture of consumption, like ours, it becomes virtually impossible for us to locate ourselves in the circular time of the gods where there is no life without death and vice versa. Everything is interconnected with each other. For cultures like the pre-Hispanic or the astrological, if our world runs out our gods too. Unfortunately in a culture with a Western vision, we fear death, death represents an end and this has ended up generating an emotional

pandemic. We have lost our center, our faith, our sacred space and on the other hand nature is beginning to reflect the manifestation of our gods. Thanks to COVID, the skies are being cleared, the animals are taking possession of the cities, in Venice little fishes are swimming in the canals again. This flood is generating a necessary change, an external change that sooner rather than early has to be reflected in the soul of humanity.

Now a tip for each of the signs:

Aries: you will have the opportunity to focus more on your unique path, on this special need to find your own way.

Taurus: Needing to contact your creative side and nature, you could meditate through gardening or any creative activity to enter a deep meditation and not lose your center.

Gemini: You will be able to study and read for long hours, give yourself time to order your thoughts and knowledge.

Cancer: Cook, fix your cupboard, order, create a warm atmosphere around the table and home rituals.

Leo: Focus your will on new horizons. Contact the center of your heart and ask yourself what you want to change in your life.

Virgo: Reorganize your spaces, take advantage of this time to take care of yourself, recover the ritual of peace and care that your bodies and souls need.

Libra: It's time to recover respectful communication with your partners, reach agreements for the well-being of both.

Scorpion: Contact your deepest values, let your demons speak to you, don't be afraid of them, embrace them.

Sagittarius: Seek your inner freedom, freedom is not defined solely by travel, the greatest freedom and the most incredible journeys occur within your being.

Capricorn: Do not lose discipline, it is essential not to lose peace. Follow your usual day-to-day rituals, such as your food, exercise, meditation, and structure.

Aquarius: Do not lose your ideals, keep dreaming that you will soon see new horizons in the firmament. A new life full of opportunities.

Pisces: Spirituality is essential in these moments of uncertainty, being and being and trusting that life has its own reasons.

Ursula Stockder

urstockder@yahoo.com

+152 5521290330